

Early Childhood Caries Risk Assessment Head Start Child age 3-5



Smiles Count Dental Home Visit #1

The following questions are designed to determine the overall risk of dental problems in your child. This assessment supports Head Start's goal to work toward establishing a dental home and to provide continued preventative care (including fluoride varnish and education).

Child's Name: _____ Date of Birth: _____

Dentist the child uses: _____ Child's last dental visit: _____ (If more than 1 yr old, set new appt.)

Yes	No	Unknown	Question:
2	0		Does your child have any early childhood caries?
2	0		Does your child have white spots on the teeth?
2	0		Does the mother (or primary care giver) have cavities?
2	0		Does your child use a bottle or sippy cup?
2	0		Does your child have pain, blisters or swelling of the gums?
2	0		Does your child eat sweetened snacks and drinks (including juice) more than twice a day?
0	2		Does the child brush teeth with the help of an adult at least twice during the day ?

Remember:

- Establish a dental home as soon as possible
- Dental exam every 6 months including cleaning (prophylaxis) and x-ray bite wings
- Topical fluoride every 6 months

- 0-4 points: Routine care**
- 6+ points: Need for care**
- Observed pain and/or swelling: Refer to pediatrician for urgent care**

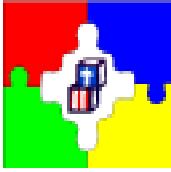
Score _____

Lesson One Checklist:

- Viewed DVD/ Video: Colgate Bright Smiles *How to have a Bright Smile*
- Viewed DVD: Easy Steps to Oral Health
- Referral to Dentist or Pediatric Dentist: See Smiles Count for Dental providers
- Bright Smiles student kit (includes toothbrush, toothpaste and *Your Child's Bright Smile* Family Booklet)
- Copy of Caries Risk Assessment (this form) to child's file
- New tooth brushes and toothpaste given: _____ HS Child _____ HS Siblings _____ Parents

Parent Signature: _____

FE Signature _____ Date _____



Early Childhood Caries Risk Assessment Recommendations for Dental Home Visit #1



What to do for Pre-Teeth Low Caries Risk (Score 0-4)

Routine Care:

- Have pediatrician check teeth/gums at next exam
- Brush 2x daily without toothpaste. Use a wet washcloth or soft gummy brush

What to do for age 1-5 Low Caries Risk (Score 0-4)

Routine Care:

- 6 month dental cleanings and exams
- Toothbrush 2x daily with fluoridated toothpaste
For age 1-3: Child's teeth brushed by parent daily
For age 4-5: Child brushes once daily and parent brushes teeth once daily
- Floss Daily
For age 3-5 parent should floss child's teeth daily
- Give fluoride drops/tablets as recommended by physician or dentist
- Decrease sugar/starch intake and sugar containing drinks
- Increase healthy snacks (cheese, popcorn, yogurt)
- For ages 3-5: Chew/suck on xylitol containing gum/mints 5x daily (i.e. Spree brand mints/gum)

What to do for Expectant Mother Low Caries Risk (Score 0-4)

Routine Care:

- 6 month dental cleanings and exams
- Toothbrush 2x daily with fluoridated toothpaste
- Floss Daily
- Give fluoride drops/tablets as recommended by physician or dentist
- Decrease sugar/starch intake and sugar containing drinks
- Increase healthy snacks (cheese, popcorn, yogurt)
- Chew/suck on xylitol containing gum/mints 5x daily (i.e. Spree brand mints/gum)

What to do for Pre-Teeth High Caries Risk (Score 6+)

Refer to pediatrician for urgent care

What to do for age 1-5 High Caries Risk (Score 6+)

- Refer to pediatric dentist for exam, cleaning and treatment/pain control
- Fluoride varnish as recommended by pediatric dentist
- Toothbrush at least 2x daily (child's teeth brushed 2x daily by parent)
- Floss daily by parent if recommended by pediatric dentist
- Give fluoride drops/tablets as recommended by physician or dentist
- Decrease sugar/starch intake and sugar containing drinks including flavored milk
- Increase healthy snacks (cheese, popcorn, yogurt)
- Talk to your dentist about the use of anti-microbial rinses and/or prescription toothpaste
- For ages 3-5: Chew/suck on xylitol containing gum/mints 5x daily (i.e. Spree brand mints/gum, www.spree.com)

What to do for Expectant Mother High Caries Risk (Score 6+)

- Refer to family Health Services for a dentist for exam, cleaning and treatment/pain control
- Fluoride varnish as recommended by pediatric dentist
- Toothbrush at least 2x daily
- Floss daily if recommended by dentist
- Give fluoride drops/tablets as recommended by physician or dentist
- Decrease sugar/starch intake and sugar containing drinks including flavored milk
- Increase healthy snacks (cheese, popcorn, yogurt)
- Talk to your dentist about the use of anti-microbial rinses and/or prescription toothpaste
- Chew/suck on xylitol containing gum/mints 5x daily (i.e. Spree brand mints/gum, www.spree.com)