

REQUIRED MONTHLY LESSONS

	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.	Mar.	Apr.	May
Bus Drill									
Dental									
Field Trip									
Fire Drill									
Food Experience & Nutrition									
Personal Safety									
Safety									
Pedestrian Safety									

- Dental lesson – to prepare children for their dental exam and to demonstrate how to brush at Head Start
- Food Experience and Nutrition lesson – once a month lesson for children to learn about foods; where do they come from? Different ways foods are prepared. How they change color and consistency when cooked/raw?
- Personal Safety lesson – 4 times per class; Curricula: Talk about Touching; **ONLY USE LESSONS 1-7**
- Pedestrian Safety lesson – Needs to be completed within 1st 30 calendar days of program with children in the classroom and also on 2nd HV.