

College of Southern Idaho Head Start/Early Head Start
PRENATAL ENROLLMENT ACTIVITIES SCHEDULE

EXPECTANT MOTHER ORIENTATION First Home Visit	SECOND HOME VISIT (w/in one week of Orientation)	THIRD HOME VISIT (RN Accompanies Home Visitor)	FOURTH HOME VISIT	WITHIN 90 DAYS
<p><u>Agenda:</u></p> <ul style="list-style-type: none"> • Introductions/get to know the family • Explain Program model; discuss Program Expectations (staff) • Review “Child Abuse and Neglect Policy” in Parent Calendar • Review Prenatal Health History, which includes discussing “Medical” and “Dental” home. • Introduce concept of Family Partnership Agreement and ask the family to think about a goal they might like to work on. • **Review list of required topics on Prenatal Home Visit form- inform parent you will be highlighting these on future visits • Introduce Prenatal Home Visit form 	<p><u>Activities:</u></p> <ul style="list-style-type: none"> • Complete any unfinished tasks from orientation • Discuss Parent Handbook (socializations and parent meetings) • Introduce Partners for Healthy Baby and High/Scope curriculum • Review Prenatal Home Visit form; discuss parent involvement in planning future visits • Discuss frequency of visits (Must meet first four weeks in a row; then can meet weekly, bi-weekly or once a month until baby is born) • Review Resource List • Begin Family Partnership Agreement (Eco Mapping, looking at Strengths/Needs from CPE) • Plan and schedule next Home Visit & Activity • Explain Policy Council • Explain In-Kind 	<p>HV introduce RN and allow RN to conduct her portion of HV (Have Health/Nutrition History available)</p> <p><u>Activities RN:</u></p> <ul style="list-style-type: none"> • Discuss prenatal care • Discuss Nutrition/WIC • Fetal Development • Risks from smoking/alcohol/and substance abuse • Benefits of Breast feeding • Labor & Delivery • Plan next home visit (high risk & needs RN follow up prior to delivery then schedule in 1wk-2wks) (If not high risk, schedule HV for after delivery) <p><u>Activities Home Visitor:</u></p> <ul style="list-style-type: none"> • Do maternal depression screener, follow protocol • Medical/Dental resources • Discuss mother’s dental issues and give referral if needed. • Tell expectant mother that (HV) will follow up on referrals given by RN. • Identify other specific information that the expectant parents may need. • Plan and schedule next Home Visit 	<p><u>Activities:</u></p> <ul style="list-style-type: none"> • Follow-up on status of prenatal visits and Dental exam. • Complete Home Safety Checklist • Introduce and discuss one of the required prenatal topics. • Discuss and record observations on HV form • Transition Plan from Prenatal to EHS • Plan and schedule next Home Visit 	<p><u>Activities:</u></p> <ul style="list-style-type: none"> • Complete Prenatal Dental Risk Assessment (#1) • Discuss goal setting and develop Family Partnership Agreement, if parent is ready to do so. • Assess family strengths • Complete Parent Interest Sheet • FE complete Prenatal Health Plan (if applicable)

**** Fetal Development** (including effects of smoking/alcohol/drugs), **Labor & Delivery, Post Partum Recovery** (including maternal/paternal depression), **Breastfeeding**