

PROUD TO BE PART OF THE CSI FAMILY



COLLEGE OF SOUTHERN IDAHO HEAD START/EARLY HEAD START



Center Based Training

Center based training addresses the needs of home visitors in pursuit of modeling and encouraging lifelong learning for the families they support.

The **purpose** of these trainings is to offer individual and group support to all home visitors. The **goals** of these trainings will be to meet the needs of the program and individual employees (1304.52 (k) 1-3) by enhancing inter/intrapersonal communication and increasing personal and professional growth with the intent of sharing training information and resources with families throughout the program (1304.52).

Benefits for Parents in the Program include the promotion of parents as teachers through lifelong learning. Former Head Start/Early Head Start parents that are part of the program structure serve as role models and mentors for other parents (1304.52 (b) 3). As home visitors assimilate information acquired through these trainings they are able to apply it to their own lives and utilize and disseminate the knowledge as additional resources for families. This allows families to enhance and strengthen their role as parents (1304.40 (e) 3). By building upon the foundation of people, we support the goal of empowerment through knowledge, skill building, resources and community partnerships. The foundation of any team is its ability and desire to communicate respect and trust between members towards a common organizational goal.

Types of Training offered:

- Communication
- Time Management/Organizational Skills
- Cultural Competency
- Stress Reduction/Promoting Wellness
- Motivation
- Family Partnership Agreements
- Respect
- Identifying burnout, compassion fatigue
- Activities for families
- Self-Awareness
- Practicing Safety on Home Visits
- Trust Building
- "What About You? A Workbook for Those Who Work with Others"

Center based trainings will not only meet performance standards but will address the needs of families and home visitors so that lifelong learning becomes a mainstay of the program.

**College of Southern Idaho Head Start/ Early Head Start
Monthly Program Summary
For February 2013**

Enrollment

Head Start ACYF Federal Funded	565 *
Head Start TANF	27
Early Head Start	80
Total	672 *

Program Options

Part-day/ Part-year, Double Sessions, School District, Pre– K, Early Head Start -Home Based.

Head Start Attendance

Head Start March Attendance	85%
Head Start Double Session	82%
Early Head Start Home Visit Participation	93%

Meals and Snacks

Total meals served for March	4,983
Total snacks served for March	4,426

The program will no longer be able to claim siblings of HS/EHS children for USDA reimbursement. Initial estimates indicate that the program serves about 20 HS/EHS siblings per month.

Education

Transitions are a key part to Head Start. Head Start helps prepare children for kindergarten in a variety of ways. This includes activities with children and parents to familiarize them with the public school such as visiting a kindergarten classroom and conducting parent-teacher conferences. Families are given a Building Bluebirds booklet that talks about their child's development, expectations of the public school, and parents rights and opportunities. Head Start also helps families prepare by teaching parents to continue working with their children over the summer on child goals and kindergarten skills.

Parent Involvement

Part 1 of the parent survey has been completed and Part 2 is near completion and community surveys are underway as part of Head Start/Early Head Start's Community wide Assessment. Parents assess the needs, strengths and action plans for their communities. Parents and staff are wrapping up the self-assessment process at each of our centers. Child Abuse and Neglect Prevention activities such as walks, planting pin wheel gardens, mayor proclamations, delivery of pinwheel vases to community partners, guest speakers and rallies are under way to raise awareness locally and nationally. Parent-Teacher conferences are ongoing.

Early Head Start

Early Head Start has an active contract with South Central District Health Department to provide Nurse Home Visits to Early Head Start families. Nurse Home Visits focus on the medical needs of expectant mothers and Early Head Start children, address any concerns, provide referrals as identified, and encourage parents to follow EPSDT guidelines. Each Early Head Start participant has the opportunity to receive at least four nurse home visits per year. Early Head Start also has a contract with an independent registered nurse that provides Nurse Home Visits with families as well as lactation counseling services.

Documents for Board Review/ Approval:

- Financial Reports
- Policy Council By-Laws and Policies & Procedures (please sign and return)