Greetings All!

I am delighted that you have taken a moment to peruse College of Southern Idaho Head Start/ Early Head Start’s 2011 annual report. Inside you will find information related to what we do every day; living up to the responsibility of providing a high quality education to the most vulnerable youth of our nation. You will find statistics related to education, health, social services and family partnerships amongst other notable program milestones.

Head Start truly embodies what is good in the human spirit. Helping children learn and families grow ensures a strong future for our communities and on a larger scale our country. Providing access to a high quality early childhood education is so important in the futures of all children. CSI Head Start/ Early Head Start has taken the lead in the Magic Valley ensuring that our most vulnerable children are receiving the very best in education, health services and socialization so that they enter school ready to learn, ready to contribute. Our families have grown in many ways for the betterment not only of themselves, but for every community in which they serve. The partnerships created, sustained and strengthened by the bond we share with individuals and organizations provide proof that we all have a vested interest in our children’s future with so much to be gained, conversely so much to lose if we do not take advantage of our most precious resource.

Investing in children is widely agreed upon as one of the most important and lucrative decisions that our country can make. Leading experts in business, science, education, and the military agree that the financial costs of education at the early childhood level represent a greater return on investment than the remedial efforts and fiscal impact at adulthood; especially for children growing up in low-income families. Shockingly, it is also agreed upon that increased investments in high-quality early education are also essential for our national security. “Our national security in the year 2030 is absolutely dependent upon what is going on in pre-kindergarten today”, Rear Admiral James Barnett, US Navy (Retired). A strong commitment today to high-quality early education will keep America strong and safe tomorrow.

High-quality early education builds a strong foundation of cognitive and social skills in children that can improve their engagement in school and increase per capita earnings and economic development. This is especially important for the growing proportion, almost half, of young American children currently living in deprivation and poverty. Our nation now faces tough choices to renew the economy, but fiscal prudence cannot be served by under-investing in our children, which will result in later educational deficits and remedial expenditures.

I am appreciative of all staff for the work they do and the dedication they display everyday for our children and families. A special thanks to Julie Blick and Charyl Jester for their hard work on this year’s annual report.

Warmest Regards,

Mancole Fedder, Director

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College of Southern Idaho Board of Trustee Members

Dr. H. Thad Scholes, Chairman
Dr. Allan R. Frost, Vice Chairman
Donna Brizee, Trustee
Karl Kleinkopf, Clerk
Bob Keegan, Trustee
CSI Head Start/ Early Head Start Mission Statement

The College of Southern Idaho Head Start/Early Head Start is committed to providing quality, comprehensive services in order to ensure school readiness and healthy development while strengthening families, within their communities, by becoming life-long learners.

College of Southern Idaho Mission Statement

The College of Southern Idaho, a comprehensive community college, provides quality educational, social, cultural, economic, and workforce development opportunities that meet the diverse needs of the communities it serves. CSI prepares students to lead enriched, productive, and responsible lives in a global society.
Emily’s family consists of her husband, their two daughters, and herself. Her family has experienced several trials due to medical conditions which affect her husband and their two children. Her main priority is being the best caregiver she can be, especially to her youngest daughter who was born with several birth defects. Despite these trials, Emily still manages to be the Vice-Chair of Policy Council. In addition, she advocates for children with special needs through the Jason Rodie Foundation and is working to establish a scholarship studio for youth interested in music.

Without the dedicated involvement of parents, staff and other concerned individuals Head Start would not be the high-quality program that it is today. Each year, NHSA seeks to acknowledge those individuals and organizations that have made a significant difference in their Head Start communities.

Congratulations to Emily Petersen from Twin Falls who won one of these prestigious national awards!

Beating the Odds—Winner

Emily Petersen
New Additions

Jerome Head Start/ Early Head Start Building

Minidoka Early Head Start Addition
STRATEGIC GOALS

RESPECT
Increase respect for children, families, staff and community. Continue a focused approach to involve Head Start parents, staff and community in meaningful and respectful ways through training in parenting and family support strategies that are reflective of their culture.

RESPONSIVE
Respond in a timely and aggressive manner to the changing needs of enrolled families by including flexible scheduling to accommodate parents who work shifts or irregular hours, providing additional supports for parents entering or re-entering the workforce, and accessing needed social or education services.

LITERACY
Promote literacy among children and families enrolled, regardless of ages or stages, by encouraging the development of literacy-rich environments in the home as well as in the centers and by incorporating the latest scientifically researched teaching strategies.

RESULTS
Create awareness among our constituents of outcomes and the impact they have on enrolled children and families and on the Head Start/Early Head Start program locally, statewide and nationally.

PROFESSIONALISM
Elevate our staff’s professional standing by encouraging continued education and training, thus attracting and retaining qualified individuals committed to long-term careers providing quality services to Head Start/Early Head Start children and their families.

TECHNOLOGY
Increase the use of technology in all aspects of Head Start/Early Head Start by providing access to equipment and training for technology applications in program management, Head Start classrooms, parent employment readiness and educational support.

COMMUNITY INVOLVEMENT
Enhance our surrounding communities by creating opportunities for active participation in local community initiatives by encouraging Head Start/Early Head Start parent and staff involvement.

COLLABORATION
Collaborate with other local, state, regional and national organizations to increase availability of services for low income families, including substance abuse prevention and treatment, employment opportunities, child abuse prevention, health care, affordable housing, affordable quality childcare, youth development and early literacy.

COMMUNICATION
Communication is demonstrated through a systematic approach involving staff and parents which provides for the exchange of information to ensure full and meaningful involvement in program activities.
The College of Southern Idaho Head Start/ Early Head Start has maintained a focus on school readiness by ensuring that children are healthy and are developing physically, socially, emotionally and cognitively. The program works on meaningful partnerships with families and communities. CSI Head Start/ Early Head Start knows that this approach is the best way for ANY child to be ready for school. School readiness doesn’t happen only in the classroom, it’s what happens on the school bus ride home, during a dental visit and through the work of the parents with the children. School readiness is also about the systems that are put into place to ensure that consistent quality services are provided to children and families. The program’s professional development system and data management systems are examples of what needs to be working well to support success for children and families. The program believes in building relationships with families and providing consistent care giving. CSI Head Start/ Early Head Start works on collaborating with school districts to meet the needs of children entering kindergarten. The collaborative goals are consistent with the State of Idaho’s Early Learning Guidelines. These goals will help children have the skills and knowledge to be successful in the learning environment to which they are transitioning.

For a complete list of our school readiness goals go to:

http://headstart.csi.edu/children/schoolReadinessGoals.asp
Head Start Enrollment 2011-2012

Since 1965, Head Start has been preparing children for kindergarten and helping them develop the skills to become lifelong learners. The program serves children in low-income families and children with diagnosed disabilities in the areas of school readiness, nutrition, medical, social and other services through class time and home visits. The College of Southern Idaho Head Start program serves 593 children in eight counties from September-May.

<table>
<thead>
<tr>
<th>County</th>
<th>Income Eligible</th>
<th>Federally Funded</th>
<th>TANF Funded</th>
<th>Income Eligible Not served</th>
<th>Actual Enrollment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blaine</td>
<td>74</td>
<td>33</td>
<td>0</td>
<td>41</td>
<td>36</td>
</tr>
<tr>
<td>Cassia</td>
<td>160</td>
<td>99</td>
<td>8</td>
<td>53</td>
<td>118</td>
</tr>
<tr>
<td>Gooding</td>
<td>124</td>
<td>47</td>
<td>1</td>
<td>60</td>
<td>55</td>
</tr>
<tr>
<td>Jerome</td>
<td>226</td>
<td>78</td>
<td>3</td>
<td>145</td>
<td>91</td>
</tr>
<tr>
<td>Lincoln</td>
<td>59</td>
<td>31</td>
<td>2</td>
<td>42</td>
<td>37</td>
</tr>
<tr>
<td>Minidoka</td>
<td>132</td>
<td>59</td>
<td>6</td>
<td>67</td>
<td>76</td>
</tr>
<tr>
<td>Power</td>
<td>39</td>
<td>30</td>
<td>3</td>
<td>6</td>
<td>37</td>
</tr>
<tr>
<td>Twin Falls</td>
<td>522</td>
<td>189</td>
<td>4</td>
<td>329</td>
<td>206</td>
</tr>
</tbody>
</table>

Early Head Start Enrollment 2011-2012

Early Head Start has served low-income infants, toddlers, pregnant women and their families since 1994. College of Southern Idaho Early Head Start is a home-based program providing families with the opportunity to enhance their infant or toddler’s physical development, social and emotional skills and problem solving abilities. The program helps pregnant women obtain prenatal and post-partum care, as well as families with infants and/or toddlers access to comprehensive health services. Home visitors work with families on parenting skills and self-sufficiency. CSI Early Head Start provides services for 80 infants, toddlers and pregnant women year-round in Twin Falls, Rupert and Jerome.

<table>
<thead>
<tr>
<th>Center</th>
<th>Income Eligible</th>
<th>Federally Funded</th>
<th>TANF Funded</th>
<th>Income Eligible Not served</th>
<th>Actual Enrollment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Minidoka</td>
<td>286</td>
<td>24</td>
<td>0</td>
<td>262</td>
<td>33</td>
</tr>
<tr>
<td>North Side</td>
<td>501</td>
<td>24</td>
<td>0</td>
<td>477</td>
<td>44</td>
</tr>
<tr>
<td>Twin Falls</td>
<td>1158</td>
<td>32</td>
<td>0</td>
<td>1126</td>
<td>48</td>
</tr>
</tbody>
</table>
Head Start maintained 100% Enrollment
Head Start received funding for 593 children
656 Children were served 2011-2012
80 of those children had a diagnosed disability

Early Head Start received funding for 80 Infant/Toddlers and Pregnant women
111 Infants/toddlers and 14 pregnant moms were served

Children Diagnosed with Disabilities

15 Children were on an Individual Family Service Plan to receive early intervention services
determined eligible by the Part C Agency and under the Individuals with Disability Act
prior to enrollment

7 Early Head Start children were determined eligible by the Part C Agency and under the
Individuals with Disability Act during the enrollment year transitions
Children’s Services

The College of Southern Idaho Head Start/ Early Head Start program utilizes the High/Scope Curriculum, Child Observation Record and the Infant/ Toddler Child Observation Record to measure developmental milestones, kindergarten preparedness and overall school readiness for children ages 0-5 in skill development.

The Child Observation Record is gathered 3 times during the program year for Head Start and 4 times for Early Head Start. Staff and parents take anecdotes on the children which are then scored from a level 0-5, with 0 being a lower skill and increasing to 5 for more advanced skills.

Preschool Item Level Report

There are 32 items on the Preschool Child Observation Record divided into 7 categories indicated on the chart below

![Chart showing Preschool Item Level Report]

- Making Choices and Plans
- Initiating Play
- Resolving Interpersonal Conflict
- Moving in Various Ways
- Feeling and Expressing Steady Beat
- Moving to Music
- Listening to and Understanding Speech
- Using Letter Names and Sounds
- Sorting Objects
- Identifying Patterns
- Comparing Properties
- Identifying Sequence, Change and Causality
- Identifying Materials and Properties
- Identifying Natural and Living Things

The largest gains were in:

- Initiative
- Social Relations
- Creative Representation
- Movement & Music
- Language & Literacy
- Math & Science
- ELL Language

<table>
<thead>
<tr>
<th>Initiative</th>
<th>Fall 2011</th>
<th>Winter</th>
<th>Spring 2012</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2.99</td>
<td>3.82</td>
<td>4.36</td>
</tr>
<tr>
<td>Social Relations</td>
<td>2.9</td>
<td>3.88</td>
<td>4.4</td>
</tr>
<tr>
<td>Creative Representation</td>
<td>2.82</td>
<td>3.69</td>
<td>4.21</td>
</tr>
<tr>
<td>Movement &amp; Music</td>
<td>2.76</td>
<td>3.75</td>
<td>4.31</td>
</tr>
<tr>
<td>Language &amp; Literacy</td>
<td>2.48</td>
<td>3.43</td>
<td>3.97</td>
</tr>
<tr>
<td>Math &amp; Science</td>
<td>2.38</td>
<td>3.47</td>
<td>4.07</td>
</tr>
<tr>
<td>ELL Language</td>
<td>3.58</td>
<td>4.19</td>
<td>4.58</td>
</tr>
</tbody>
</table>
Early Head Start Item Level Report

There are 28 items on the Infant/Toddler Child Observation Record divided into 6 categories indicated on the chart below.

The largest gains were in:

- Pretending
- Communicating Interest Nonverbally
- Participating in Give-and-Take Communication
- Showing Interest in Stories, Rhymes and Songs
- Exploring Objects
- Exploring Time
- Identifying Materials and Properties
- Identifying Natural and Living Things

Continuous Improvement Plan 2012-13

Head Start
* Continue to train staff on entering multiple scores in each item
* Train staff on planning around the preschool COR
* Integrate more dual language skills
* CLASS/PQA training around effective questioning, reorientation statements, problem solving, integration, feedback loops, expansion and advanced language

Early Head Start
* Continue to train staff on entering multiple scores in each item
* Work on barriers to attending PALS (socialization time)
* Getting parents to lead activities with their child
* Provide training on being a more attuned observer
Health Services

The philosophy of CSI Head Start/ Early Head Start health services is to prevent health problems whenever possible by carefully addressing the needs of enrolled children. Successful partnerships are the key to the success of this approach. When conditions or illness are found, they are addressed quickly with the help of competent health care partners in an effort to improve the health of the child and to prevent future problems.

Some services that the CSI Head Start/ Early Head Start program provides include:

- Assisting families in finding a “medical home” and “dental home”
- Locating sources of funding for health services, such as Medicaid or other community resources
- Tracking health services such as well-child exams and immunizations
- Providing parents with information about well-child exams, screenings, trainings and information on child health development

Hearing and Vision Screeners

The SPOT Pedia-Vision Screen helps detect:

- Near-sightedness
- Far-sightedness
- Unequal refraction power
- Blurred Vision, eye structure problems
- Pupil size deviations
- Eye misalignment
- **656** Vision Screeners completed within

The ErO-Scan Otoacoustic Emission Screener (OAE) helps detect any hearing issues the child may have

- **656** Hearing Screeners completed within 45 days of enrollment

Preventative Health Care is our Philosophy
Medical Home/ Dental Home

Head Start staff members make an effort to coordinate health services with families. They strive to ensure that each child has a source of continuous, accessible, and coordinated care that serves as a “medical home” and a “dental home”.

68% of Head Start/ Early Head Start children had an established medical home at time of enrollment

92% of Head Start/ Early Head Start children had an established medical home at end of enrollment year

92% of Head Start/ Early Head Start children were up-to-date on a schedule of age-appropriate preventative and primary oral health

![Bar Chart](chart.png)

Well-Child Exams

In addition to ensuring that Head Start families find a medical home for their children’s care, the Head Start Program Performance Standards require a determination by a health care professional that a child is up-to-date on a schedule of well-child care. Since health care in Head Start requires family involvement, Head Start staff members are expected to emphasize, to parents, the importance not only of finding a health care and dental provider, but also of scheduling future preventative health and dental care appointments. Well-child care includes scheduled age-appropriate preventative and primary health care including medical, dental, and mental health care. Head Start follows the Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) program of the Idaho State Medicaid agency.
**Head Start—Family Services and Parent Involvement**

Parent involvement opportunities include, but are not limited to:

<table>
<thead>
<tr>
<th>Activities</th>
<th>Parent Trainings</th>
<th>Parent Education</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Serving on interview panels</td>
<td>• CPR/ First Aid</td>
<td>• GED/ESL</td>
</tr>
<tr>
<td>• Self-Assessment Team</td>
<td>• Shaken Baby Syndrome</td>
<td>• College Courses</td>
</tr>
<tr>
<td>• Pinwheels for Prevention</td>
<td>• Nutrition</td>
<td>• Library Cards</td>
</tr>
<tr>
<td>• Elected Positions</td>
<td>• Literacy</td>
<td>• CDL</td>
</tr>
<tr>
<td>• Classroom/Center Volunteer</td>
<td>• Car Seat Safety</td>
<td>• Sanitation Courses</td>
</tr>
<tr>
<td>• Parent Meetings</td>
<td>• Color Me Healthy</td>
<td></td>
</tr>
<tr>
<td>• Health Fair</td>
<td>• Budgeting</td>
<td></td>
</tr>
<tr>
<td>• Adopt-A-Highway</td>
<td>• High Scope (curriculum)</td>
<td></td>
</tr>
<tr>
<td>• Adopt-A-Park</td>
<td>• Bus Monitoring</td>
<td></td>
</tr>
<tr>
<td>• Soup Kitchen</td>
<td>• Gardening</td>
<td></td>
</tr>
<tr>
<td>• Community Parades/ County Fairs</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Male Involvement</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

223 Families participated in Fatherhood Involvement Activities

Head Start home visit completion rate was 90%

1,716 People volunteered, including past and present parents

Languages Spoken by our families

- English
- Spanish
- Middle Eastern and South Asian
- East Asian
- European/Slavic
- African
- American Sign

Head Start served 651 families, of those:

- 417 (64%) were two parent families
- 234 (36%) were single parent families
- 511 (78%) families had at least one working parent
- 98 (15%) families had a parent in school/training
Early Head Start served 109 families, of those:

64 (59%) were two parent families

45 (41%) were one parent families

57 (52%) families had at least one working parent

20 (18%) families had a parent in school/training

Early Head Start home visit completion rate was 91%

117 People volunteered, including past and present parents
Head Start/ Early Head Start in our Communities

<table>
<thead>
<tr>
<th>Informal Community Agreements</th>
<th>Formal Community Agreements</th>
</tr>
</thead>
<tbody>
<tr>
<td>CSI Early Childhood Department</td>
<td>USDA</td>
</tr>
<tr>
<td>Idaho School for Deaf and Blind</td>
<td>Nutrition Consultant</td>
</tr>
<tr>
<td>Planned Parenthood</td>
<td>District Health Department</td>
</tr>
<tr>
<td>Pregnancy Crisis Center</td>
<td>Family Health Services</td>
</tr>
<tr>
<td>Adult Basic Education</td>
<td>Progressive Behavior System</td>
</tr>
<tr>
<td>IPUL</td>
<td>American Heart Association</td>
</tr>
<tr>
<td>La Leche League</td>
<td>St. Luke’s Regional Medical Center</td>
</tr>
<tr>
<td>Family and Children Services</td>
<td>Child Development Center</td>
</tr>
<tr>
<td>Pregnant Women &amp; Children/ TAFI</td>
<td>Work First Program-Department of Labor</td>
</tr>
<tr>
<td>Child Support Enforcement</td>
<td>Idaho Department of Health &amp; Welfare</td>
</tr>
<tr>
<td>Magic Valley Alternative High School</td>
<td>Community Council of Idaho</td>
</tr>
<tr>
<td>Idaho Children Trust Fund</td>
<td>Foster Grandparent Program</td>
</tr>
<tr>
<td>Safe Kids Coalition</td>
<td>Magic Valley Crisis Center</td>
</tr>
<tr>
<td>CARES</td>
<td>Deseret Industries</td>
</tr>
<tr>
<td>CASA</td>
<td>CSI Early Childhood Department</td>
</tr>
<tr>
<td>Refugee Center</td>
<td></td>
</tr>
<tr>
<td>Valley House</td>
<td></td>
</tr>
<tr>
<td>Oasis Shelter</td>
<td></td>
</tr>
<tr>
<td>Center for New Directions</td>
<td></td>
</tr>
<tr>
<td>Private Social Service Providers</td>
<td></td>
</tr>
<tr>
<td>Faith-Based Organizations</td>
<td></td>
</tr>
<tr>
<td>Substance Abuse Prevention Council</td>
<td></td>
</tr>
</tbody>
</table>

22 Memorandum of Understandings (MOUs) with dental Providers

10 MOUs with medical providers

22 Interagency Agreements with Local School Districts and Infant Toddler Program Part C

467 Individuals received

$12,040 in assistance from our program

Provided by the Deseret Industry Community Grant

17 Foster Grandparents placed in 7 centers

16,575 Volunteer hours were work by our Foster Grandparents
Classroom Staff

Head Start

The College of Southern Idaho Head Start Employs 18 Lead Teachers and 35 Assistant Teachers

18 Lead Teachers have met the September 30, 2013 requirement for an A.A. or A.A.S.

7 Lead Teachers have met the September 30, 2013 requirement for a B.S. or B.A.S.

12 Assistant Teachers have met the September 30, 2013 requirements for an A.A. or A.A.S.

21 Assistant Teachers have met the September 30, 2013 requirements for a CDA or better

Early Head Start

The College of Southern Idaho Early Head Start Employs 10 Home Visitors

1 Early Head Start Home Visitor has a Bachelors Degree in Elementary Education

3 Early Head Start Home Visitors have an Associates Degree in Child Development or related field

1 Early Head Start Home Visitor has a technical certificate in Child Development

2 Early Head Start Home Visitors have a CDA

3 Early Head Start Home Visitors are enrolled in a home visiting CDA program
### Projected Budget Expenses

<table>
<thead>
<tr>
<th>Object Class Category</th>
<th>Totals</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salaries and Benefits</td>
<td>$4,676,900.00</td>
</tr>
<tr>
<td>Supplies</td>
<td>$136,831.00</td>
</tr>
<tr>
<td>Equipment</td>
<td>$20,000.00</td>
</tr>
<tr>
<td>Contractual</td>
<td>$66,874.00</td>
</tr>
<tr>
<td>USDA Food</td>
<td>$153,400.00</td>
</tr>
<tr>
<td>Medical/Mental Health</td>
<td>$50,600.00</td>
</tr>
<tr>
<td>Other</td>
<td>$433,078.00</td>
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<tr>
<td><strong>TOTAL DIRECT COSTS</strong></td>
<td><strong>$5,384,283.00</strong></td>
</tr>
<tr>
<td>Training/Technical Assistance</td>
<td>$80,319.00</td>
</tr>
</tbody>
</table>

### Projected Total of Public and Private Funds

- **Community Health Initiative**: $10,625
- **USDA**: $153,400
- **TANF**: $206,967
- **Twin Falls Health Initiative Trust**: $30,000
- **ACF**: $5,840,278
- **Non-Federal Share**: $1,460,070

*The federal government requires a 20% match for acceptance and operation of the ACF Grant.*
College of Southern Idaho Head Start/ Early Head Start provides quality, comprehensive services to eight Counties in Southern Idaho.

This is made possible by a yearly grant provided by the Federal Government, State funds through Temporary Assistance for Needy Families (TANF), USDA meal reimbursement and grants such as; Community Health Improvement, Idaho Children’s Trust Fund and Twin Falls Health Initiative grants.

Head Start Families and Community Volunteers generated the following non-federal match to federal grant dollars through volunteer time and donations: $1,538,512 which represents 20% of total federal funding.
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