College of Southern Idaho-Head Start/Early Head Start
2010-2011 Annual Program Report

College of Southern Idaho-Head Start/Early Head Start provides comprehensive services pre-natal to 5 including but not limited to: education, health/mental health, and parent education to children and families in 8 counties and 32 communities in southern Idaho. The counties served are Blaine, Cassia, Gooding, Jerome, Lincoln, Minidoka, Power, and Twin Falls. Early Head Start services began in May 2010 to 80 pregnant moms, infants and toddlers (0-3) in a home based model in Jerome, Twin Falls, Cassia and Minidoka Counties.

Mission Statement: “To alleviate the effects of poverty for young children and their families.”

Strategic Goals: These goals form the foundation for program activities and for the development of funding proposals during the coming program year.

Respect
Increase respect for children, families, staff and community. Continue a focused approach to involve Head Start parents, staff and community in meaningful and respectful ways through training in parenting and family support strategies that are reflective of their culture.

Responsive
Respond in a timely and aggressive manner to the changing needs of enrolled families by including flexible scheduling to accommodate parents who work shifts or irregular hours, providing additional supports for parents entering or re-entering the workforce, and accessing needed social or education services.

Literacy
Promote literacy among children and families enrolled, regardless of ages or stages, by encouraging the development of literacy-rich environments in the home as well as in the centers and by incorporating the latest scientifically researched teaching strategies.
Head Start/Early Head Start Goals continued:

**Results**
Create awareness among our constituents of outcomes and the impact they have on enrolled children and families and on the Head Start/Early Head Start program locally, state-wide and nationally.

**Professionalism**
Elevate our staff’s professional standing by encouraging continued education and training, thus attracting and retaining qualified individuals committed to long-term careers providing quality services to Head Start/Early Head Start children and their families.

**Technology**
Increase the use of technology in all aspects of Head Start /Early Head Start by providing access to equipment and training for technology applications in program management, Head Start classrooms, parent employment readiness and educational support.

**Community Involvement**
Enhance our surrounding communities by creating opportunities for active participation in local community initiatives by encouraging Head Start/Early Head Start parent and staff involvement.

**Collaboration**
Collaborate with other local, state, regional and national organizations to increase availability of services for low income families, including substance abuse prevention and treatment; employment opportunities; child abuse prevention; health care; affordable housing; affordable quality childcare; youth development and early literacy.

**Communication**
Communication is demonstrated through a systematic approach involving staff and parents which provides for the exchange of information to ensure full and meaningful involvement in program activities.
HEAD START
Head Start promotes school readiness for children ages three to five in low-income families. Head Start programs promote school readiness by enhancing the social and cognitive development of children through the provision of educational, health, nutritional, social and other services to enrolled children and families. Programs actively engage parents in their children's learning and help them in making progress toward their own education, literacy and employment goals. Significant emphasis is placed on the involvement of parents in the administration of local Head Start programs.

Head Start Enrollment and Funding for 2010-2011
Average monthly enrollment at CSI- HS maintained 100% enrollment
CSI-HS received funding for 593 children (566 Federally funded slots and 27 TANF slots) 670 children were served during the course of the 2010-2011 program year. CSI Head Start served 87 children with a diagnosed disability.

Head Start/Early Head Start Enrollment:
Eligibility, Funding and Unmet Service Needs

<table>
<thead>
<tr>
<th>Center</th>
<th>Low-income Eligible</th>
<th>Federally Funded</th>
<th>TANF Funded</th>
<th>Low-income Unserved</th>
<th>Actual Enrollment</th>
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<td>101</td>
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<td>112</td>
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<td>Power</td>
<td>77</td>
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<td>3</td>
<td>30</td>
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<tr>
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<td>113</td>
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<td>0</td>
<td>272</td>
<td>120</td>
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<tr>
<td>West End</td>
<td>143</td>
<td>38</td>
<td>0</td>
<td>98</td>
<td>45</td>
</tr>
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</table>
College of Southern Idaho
HEAD START/EARLY HEAD START
PO Box 1238, 998 Washington St N
Twin Falls, Idaho 83303-1238
208-736-0741

HEAD START - FAMILY SERVICES & PARENT INVOLVEMENT 2010-2011
The total actual number of families served in 2010-2011 was 664, of those:

- 430 (65%) were two parent families
- 234 (35%) were one parent families
- 426 families had at least one parent working
- 88 families had a parent in school/training

CSI- Head Start served families that spoke six languages: English, Spanish, American Indian/Alaskan native, European/Slavic, African languages and Sign Language

Number of Families that participated in Fatherhood Involvement Activities: 198
Number of Families that volunteered and contributed In-kind to CSI/HS: 664

Number of Families That Utilized Services

- Emergency/Crisis Intervention: 11
- Housing Assistance: 175
- Mental Health: 60
- English as a Second Language: 31
- Adult Education: 520
- Job Training: 186
- Parenting Education: 133
- Substance Abuse Prevention/Treatment: 340
- Child Abuse and Neglect: 164
- Domestic Violence: 60
- Child Support Services: 137
- Health Education: 44
- Assistance to Families of Incarcerated Individuals: 71
- Marriage Education: 31
PARENT INVOLVEMENT
The College of Southern Idaho Head Start/Early Head Start program believes it is essential that Head Start/Early Head Start parents participate as full partners in the operation of the program.

The program values parents as active participants in all aspects of the program. During the 2010-2011 program year, 1,296 Head Start/Early Head parents volunteered a total of 454,064 hours – an average of seven hours weekly! Parent involvement opportunities include, but are not limited to:

Parent Trainings:
- CPR/First Aid
- Shaken Baby Syndrome
- Nutrition
- Literacy
- Car Seat safety
- Fire Safety
- Color Me Healthy
- Budgeting
- High Scope (curriculum)
- Bus Monitoring
- Gardening
- Couponing
- Transitions

Parent Education
- GED/ESL
- College Courses
- Library Cards
- CDL
- Sanitation Course

Program-Wide Activities:
- Serving on Interview Panels
- Team Member for Self-Assessment
- Pinwheels for Prevention
- Elected positions for Parent Center Committee, Policy Council, and Advisory boards

Center Activities:
- Classroom/Center Volunteer
- Monthly Parent Meeting
- Health Fair
- Adopt- A- Highway
- Adopt- A-Park
- Soup Kitchen
- Community Parades/County Fairs
- Male Involvement (game night, dinner and a book, building birdhouses, spring fling)
Preventative Medicine

- **Immunizations**: Total Number of Children Enrolled = 670
- **Dental Exams**: Total Number of Children Enrolled = 670
- **Well Child Exams**: Total Number of Children Enrolled = 670
- **Number of Children Receiving or Up-to-Date**:
  - Immunizations: 619
  - Dental Exams: 650
  - Well Child Exams: 660

Head Start Health Services

- **Health Insurance At Enrollment**: 631
- **Medical Home At Enrollment**: 561
- **Dental Home At Enrollment**: 549
- **Health Insurance End of School Year**: 646
- **Medical Home End of School Year**: 630
- **Dental Home End of School Year**: 650
COLLEGE OF SOUTHERN IDAHO - EARLY HEAD START

Early Head Start is a comprehensive program that provides support to low-income infants, toddlers, pregnant women and their families. EHS programs enhance children’s physical, social, emotional, and intellectual development; assist pregnant women in accessing comprehensive prenatal and postpartum care; support parents’ efforts to fulfill their parental roles; and help parents move toward self-sufficiency.

Early Head Start Funding and Enrollment

CSI-EHS received funding to serve 80 pregnant women, toddlers and infants in a home-based option. Socializations are attached to three Head Start/Early Head Start Centers: Twin Falls, North Side (Jerome) and Minidoka (Rupert).

Enrollment consisted of: 73 infants/toddlers and seven pregnant women (80)
Cumulative enrollment was: 111 infants/toddlers and nine pregnant women (120)

<table>
<thead>
<tr>
<th>Center</th>
<th>Low-income Eligible</th>
<th>Federally Funded</th>
<th>TANF Funded</th>
<th>Low-income Unserved</th>
<th>Actual Enrollment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Minidoka</td>
<td>289</td>
<td>24</td>
<td>0</td>
<td>248</td>
<td>41</td>
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<tr>
<td>North Side</td>
<td>384</td>
<td>24</td>
<td>0</td>
<td>353</td>
<td>31</td>
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<td>Twin Falls</td>
<td>1,095</td>
<td>32</td>
<td>0</td>
<td>1047</td>
<td>48</td>
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</table>

Children Diagnosed with Disabilities:

15 Early Head Start children were on an IFSP (Individual Family Service Plan) to receive early intervention services determined eligible by the Part C agency and under the Individuals with Disability Act prior to enrollment.

3 Early Head Start children were determined eligible by the Part C agency and under the Individuals with Disability Act during the enrollment year.

Transitions:

5 Early Head Start three year olds transitioned into Head Start during the program year with an additional 20 children transitioning into Head Start beginning Fall 2011.
Early Head Start Family Services & Parent Involvement

A total of 99 families were enrolled in EHS:

- 67 two-parent families
- 32 single-parent families

The EHS home-based option includes: weekly home visits lasting 1.5 hours each. As of July 2011, the program-wide home visit completion rate was 91%.

Early Head Start served families that spoke 2 languages: English and Spanish.

Group socializations are held at the assigned Head Start centers; twenty-four group socializations are planned on a rotating schedule for 5 weeks on and 3 weeks off.

Early Head Start Health Services

- 81% of EHS children at enrollment had an established medical home.
- 93% of EHS children at end of enrollment year had established a medical home.

- 79% of EHS children were determined to be up-to-date on all immunizations at enrollment.
- 88% of EHS children were determined to be up-to-date on all immunizations at end of enrollment.

- 97% of EHS children were up-to-date on a schedule of age-appropriate preventative and primary oral health care.

- 100% of pregnant women received the following services: Prenatal and postpartum health care, mental health interventions and follow up, substance abuse prevention, prenatal education on fetal development, and information on the benefits of breastfeeding.
The College of Southern Idaho Head Start /Early Head Start program utilizes The High/Scope Curriculum, Child Observation Record and the Infant/Toddler Child Observation Record to measure growth, Kindergarten preparedness and overall school readiness for children ages 0-5 in skill development.

The Child Observation Record is gathered 3 times during the program year for Head Start and 4 times for Early Head Start. Staff and parents take anecdotes on the children. The anecdotes are scored from a level 0 to a level 5, with 0 being a lower skill level and increasing to more advanced skill levels.

Preschool Item Level Report
There are 32 items on the Preschool Child Observation Record divided into 7 categories (Initiative, Social Relations, Creative Representation, Movement and Music, Language and Literacy, Mathematics and Science, and Dual Language Learners).

The largest gains were in Identifying Change, Sequence and Causality (Item DD), Using Letter Names and Sounds (Item V), Identifying Patterns (Item Z), Moving to Music (Item O), and Feeling and Expressing Steady Beat (Item N). There was approximately a 2 level increase in skill for these items.

Head Start Outcomes 2011 Alignment
There are 11 domains in the Head Start Outcomes: Physical Development and Health, Social & Emotional Development, Approaches to Learning, Logic & Reasoning, Language Development, Literacy Knowledge & Skills, Mathematics Knowledge & Skills, Science Knowledge & Skills, Creative Arts Expression, Social Studies Knowledge & Skills, and English Language Development.

The largest gains were in Mathematics Knowledge & Skills, Science Knowledge & Skills, Logic and Reasoning, Approaches to Learning, and Literacy Knowledge and Skills. All 5 of these categories had a 1 ½ level increase of skill from the baseline Time 1 period.

Idaho Early Learning Guidelines Alignment

There are multiple items that make up each domain. All item levels and domains show increases in the Idaho Early learning Guidelines Alignment with the COR. The information is consistent between all three reports. The biggest gains in the program have been in the area of mathematics and science.

Early Head Start Item Level Report
There are 28 items on the Infant/Toddler Child Observation Record divided into 6 categories (Sense of Self, Social Relations, Creative Representation, Movement, Communication & Language, and Exploration & Early Logic).

The largest gains were in Communicating Interest Nonverbally (Item S), Developing Number Understanding (Item Z), Relating to Another Child (Item G), Exploring Categories (Item Y), Exploring Time (Item BB) and exploring to Music (Item Q). There was 1 level increase in skill in these items.
2010-2011 Program Summary for Head Start Preschool Children

2010-2011 Program Summary for Early Head Start Children
Date of last Early Head Start Federal Review: 10/18/2010 - 10/20/2010
Areas of Non-Compliance: HHS regulation 45 CFR Part 74.44 (Procurement guidelines)

In response to the fiscal finding resulting from the on-site ARRA monitoring review of the College of Southern Idaho Early Head Start program in October 2010, the program revised 74.44 Procurement procedures in the Accounting Procedures Work Plan.

<table>
<thead>
<tr>
<th>Content Area</th>
<th>Objective</th>
<th>Action Items</th>
<th>Person Responsible</th>
<th>Progress Date(s)</th>
<th>Complete Date</th>
</tr>
</thead>
</table>
| Administration Financial Management | Revise the policy to ensure procurement procedures include all required elements of the HHS regulation 74.44. | State objective in Accounting Procedures Work Plan
Notify all employees involved of procurement policy revision. | HS Director
Financial Services Coordinator
Center Supervisors
Food Service Managers | 5/2011
Revised Accounting Procedures Work plan | May 2011 |

A Desk Follow-up Review was conducted with Office of Head Start, Region X, to verify correction of the noted areas of noncompliance in May 2011. All evidence, including interviews will then be submitted to OHS for final determination.
College of Southern Idaho Head Start/Early Head Start
Public and Private Funding  2010-2011

* ARRA Grant expended on or before September 30, 2010 per federal government requirement
** TANF Grant fiscal year is July 1, 2010 through June 30 2011
### Statement of Expenses
**December 31, 2010**

<table>
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<tr>
<th>Expenditures</th>
<th>Head Start Main Grant</th>
<th>ARRA Head Start Expansion</th>
<th>ARRA COLA/QI</th>
<th>ARRA Early Head Start Grant</th>
<th>Community Health Improvement</th>
<th>7/1/10-6/30/11 TANF</th>
<th>USDA</th>
<th>Head Start/Body Start</th>
<th>Idaho Children’s Trust Fund</th>
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<td><strong>Total Expend.</strong></td>
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<td><strong>$5,000</strong></td>
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Head Start Families and Community Volunteers generated the following non-federal match to federal grant dollars through volunteer time and donations: $1,261,334.00 which represents 20% of total federal funding.
### Projected Budget Expenses

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<tr>
<th>Object Class Category</th>
<th>Totals</th>
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<tr>
<td>Salaries and Benefits</td>
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<td>Supplies</td>
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<td>USDA Food</td>
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<td>Medical/Mental Health</td>
<td>$14,600</td>
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<tr>
<td>Other</td>
<td>$482,057</td>
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<tr>
<td><strong>TOTAL DIRECT COSTS</strong></td>
<td><strong>$5,532,379</strong></td>
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<td><em>T/TA</em></td>
<td>$66,593</td>
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### Projected Total of Public and Private Funds

- **ACF** $5,224,005
- **TANF** $206,967
- **CACFP/USDA** $153,400
- **Community Health Initiative** $14,600
- **Non-Federal Share** $1,306,002

*The federal government requires a 20% match for acceptance and operation of the ACF Grant.*
**MISSION STATEMENT**

The mission of College of Southern Idaho Head Start/Early Head Start is to alleviate the effects of poverty for young children and their families.

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**PHILOSOPHY**

CSI Head Start/Early Head Start is a community of children, families, staff, volunteers and resource people working together to enhance an environment of learning and growing. Parent involvement is essential to the existence and function of the program. Parents and staff work together creating an atmosphere of caring, support, trust and respect that nurtures the development of the whole child.

CSI Head Start/Early Head Start recognizes the importance of the family and respect the strength and dignity of each of its members. The unique quality of the parental role in the life of the child is fostered and supported. The program values parents as individuals in their own right. Parents are active participants in all aspects of the program.

The CSI Head Start/Early Head Start staff recognizes parents as primary educators of their children and will support, share and value their participation at all levels.

The program recognizes that all children, parents and staff need an enriched environment and opportunities to grow in self awareness, to accept individual differences, to develop abilities, and to recognize self worth. Welcome to Head Start!